

WORKSHOP FAQs



WHAT ARE NATURE CREATIVITY WORKSHOPS?

Our nature creativity workshops combine hands-on creative activities with inspiration from the natural world. They encourage participants to connect with nature through creative and curious practices, such as drawing, writing, photography, collage, painting, poetry and mindfulness practices.

We run a variety of different nature creativity workshops, from nature journaling and everyday nature photography to more "messy art" activities such as abstract, mixed media and collaging. The type of workshop we deliver will depend on your individual group's needs and requirements.

WHO ARE THESE WORKSHOPS FOR?

Our workshops are perfect for corporate teams, community groups, or any organisation looking to foster creativity, teamwork, and wellbeing in nature. No artistic experience is required - just a willingness to explore and create! We also offer tailored workshops for private groups, including hen parties or friends looking for a unique and creative experience to enjoy together.

WHAT ACTIVITIES CAN WE EXPECT?

Activities typically include a mindful nature walk, nature journaling, reflective writing, and group discussion. We tailor our sessions to suit your group's needs and interests.

WHAT MATERIALS ARE INCLUDED IN A WORKSHOP?

All supplies are provided, including art paper, pens, pencils, clipboards, other creative materials, and sit mats. Everyone will take home a small sketchbook and a creative project booklet to continue their creative practice after the session. Additional materials and supplies will be included for an extra cost depending on your group requirements (e.g. collaging, photography, abstract art).

WHERE DO THE WORKSHOPS TAKE PLACE?

We deliver workshops across the North of England and Wales. The workshop location can be your own land or a local public green space of your choosing. We may also be able to recommend suitable outdoor spots in your area. Just ask!

HOW LONG IS A TYPICAL WORKSHOP?

Our sessions typically last 2.5 - 3 hours but can be customised to fit your schedule. Interested in a half day or full day workshop? Drop us a message for a conversation!

WHAT IS THE GROUP SIZE FOR A WORKSHOP?

Our workshops are ideal for groups of 8 - 15 people. For larger groups, we can discuss tailored options to ensure everyone has a great experience.

CAN YOU CUSTOMISE THE WORKSHOP FOR OUR TEAM?

Absolutely! We tailor activities to align with your team or group's needs and interests, whether it's boosting creativity, improving mental wellbeing, creative team-building, connecting with nature, or simply enjoying a mindful break together.

WHAT ARE THE BENEFITS OF THESE WORKSHOPS?

Our past participants have told us that they've left our sessions feeling relaxed, more connected to nature, creatively inspired, and re-energised (have a read through our recent testimonials!). These workshops are a great way to reduce stress, reconnect with our inner creativity, connect with others, and enjoy some much-needed time outdoors.

HOW CAN I BOOK A WORKSHOP?

You can contact us via the Contact Us form, or email us directly via wildcreativesuk@gmail.com to discuss your group's needs, preferred dates, and location.

HOW MUCH DOES A WORKSHOP COST?

A typical workshop costs £695 (based on a 3 hour session for 8-15 people, materials included). Interested in something specific? Drop us a message for a conversation!

WHAT IS INCLUDED IN THE WORKSHOP FEE?

All materials, including journals, art supplies, and sit-mats, are provided. Everyone will also take home a small sketchbook and a woodland project booklet to continue their creative practice after the session.

WHAT IF THE WEATHER IS BAD FOR AN OUTDOOR WORKSHOP?

Our workshops will go ahead whether it's sunny or raining! There are a lot of benefits to experiencing and noticing nature in different weather conditions (but make sure to bring your wet weather gear if it's due to rain). Workshops will be rescheduled in cases of adverse weather conditions (e.g. high winds, storms, dangerous conditions).

WHAT SHOULD WE BRING TO THE WORKSHOP?

Feel free to bring a rucksack or comfortable bag to carry anything you might like (e.g. water, snacks, spare layers). We will contact you in advance of the session with a reminder and any additional details. We will provide all the essential supplies, including art paper, pens, pencils, and clipboards, and sit mats.



WHAT SHOULD WE WEAR?

Our workshops are usually hosted in outdoor settings. Please bring layers to keep you warm and appropriate footwear for walking. We also suggest bringing a waterproof, too!

DO YOU OFFER VIRTUAL WORKSHOPS?

Yes! We can provide engaging online nature creativity workshops for remote teams on Zoom, with materials lists and step-by-step guidance included. However, we do encourage in-person workshops for a more rounded experience.

CAN INDIVIDUALS JOIN A WORKSHOP?

These sessions are designed for groups, but we occasionally run workshops for individuals through local events - please check our website or social media for updates!

DO YOU ACCOMMODATE FOR THOSE WHO CAN ONLY WALK SLOWLY/FOR SHORT DISTANCES?

During our workshops, we tend to cover a distance of 1-2 kilometres. This will be at a slow pace, and there will be opportunities to stop and sit. If you would like to have a chat about individual needs, please email wildcreativesuk@gmail.com.

INTERESTED IN BOOKING A WORKSHOP FOR YOUR GROUP OR TEAM?

We'd love to chat about your group or team's requirements!

Email us: wildcreativesuk@gmail.com
Call us: **07840 210403**